

WOMEN'S MINISTRY NEWSLETTER

GRANDPARENTS

The following is an excerpt from an Erma Bombeck article about grandparents. As September 13 is Grandparents' Day, we wanted to recognize these very special people in our lives.

"A preschooler who lives down the street was curious about grandparents. It occurred to me that to a child grandparents appear like an apparition with no explanation, no job description and few credentials. They just seem to go with the territory.

This is for the little folks who wonder what a grandparent is.

- ◆ A grandparent can always be counted on to buy all of your fundraiser items; the cookies, flower seeds, greeting cards, transparent tape, paring knives, peanut brittle and chances on a pony. (Also a box of taffy when they wear dentures.)
- ◆ A grandparent buys you gifts your mother says you don't need.
- ◆ A grandparent arrives three hours early for you baptism, your graduation and your wedding because he or she wants a seat where he or she can see everything.
- ◆ A grandparent pretends he or she doesn't know who you are on Halloween.
- ◆ A grandparent will put a sweater on you when she is cold, feed you when she is hungry and put you to bed when she is tired.
- ◆ A grandparent will help you with your buttons, your zippers and your shoelaces and not be in any hurry for you to grow up."

These are just a few of the things that Ms. Bombeck included in her list of what a grandparent is. On page 2 are special memories from some of our FBC family that helps show what makes a grandparent special.

SEPT/OCT 2009

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The Women's Ministry Newsletter is published bimonthly. If you have information you would like included in our newsletter or comments & suggestions, please contact Susan Morton, smorton401@charter.net with your suggestions, comments or requests.



Test Your Knowledge-

Paul commended the faith of Timothy's grandmother. Who was she?

(Answer on page 3)

GRANDPARENTS

FROM OUR CHILDREN:

- ◆ Nathan Miller's favorite thing about his grandparents is that they buy him stuff and his favorite memory is when they flew airplanes.
- ◆ Noah Emert likes that he can play on his grandparents' lake.
- ◆ Faith Michaux says her grandparents are nice and that they played together last year.
- ◆ Tyson Roberts says the favorite thing about his grandparents is they like him and they play with him.
- ◆ Avery Lay says the favorite thing about her grandparents is they are weird. And her favorite memory is when they threw a surprise party for her mom.

FROM A TEEN:

Sarah Morton's memories—I have many wonderful memories of my grandparents, whom I call Nana and Poppa. Growing up, I spent a lot of time at Nana and Poppa's house, and they always spoiled me. Poppa was gracious enough to drop what he was doing when I would decide I wanted to play. We would play anything from board games to restaurant. My favorite, however, was when we would play choir. I, of course, was the director. I remember trying to teach Poppa "We Wish You A Merry Christmas." He just wasn't getting it, which, I was quick to point out, was simply because he "just wasn't trying." Some of my favorite memories of Nana include our many shopping trips (after which I almost always came home with a new pair of flip flops) and the day I got my braces. Nana was kind enough to make numerous chocolate milkshakes for me that day because I couldn't eat anything else.

FROM OUR ADULTS:

Wilma Loy remembers her grandfather, Gilbert A. Atchley and how she got her musical talent from him. Every Sunday after lunch her grandfather made her play hymns on the piano. She did not like having to do this but he paid for the lessons so she had to do it. Wilma's grandfather knew music so when she tried to play a song by ear instead of the music because it was too hard, he would catch her and tell her what she had done wrong. At the time she did not know how he knew what she was doing. If she played the song perfectly, he gave her \$1.00. Unfortunately she did not get many of those. On the day he died, Wilma sat down at the piano and played every hymn she could correctly and not by ear.

GRANDPARENTS (cont.)

FROM OUR ADULTS:

Patti McCloud recalls when she came from Atlanta to attend UT, her only living grandparent was still a practicing optometrist in Knoxville. A widower of several years, he would take her to lunch on Sundays after church and to dinner on Wednesday evenings after he had left his office. Patti would not trade those times for anything. They talked about everything, including their dates! Patti says that God blessed her as a young adult with a four year relationship with her granddaddy.

DID YOU KNOW???



Each month we will try to highlight a woman in our church who has a business. If you would like your business spotlighted, please email smorton401@charter.net with the info.

This month we are featuring Nicole McCord. Did you know Nichole is associated with Thirty-One Gifts? Nicole sells personalized gifts (totes, stationary, purses, etc.) for women, children and teens. The mission of her business is to celebrate, encourage and reward women. The key verse of her business is Proverbs 31:30-31 "Charm is deceitful and beauty is vain, but a woman who fears the Lord, she shall be praised. Give her the product of her hands, and let her works praise her in the gates." You can see details about Nichole's business by going to <https://www.mythirtyone.com/nicholemccord> or email Nichole at igotthelook4you@aol.com.



Autumn is a season of reflection, of response to God, and of remembering His grace and goodness. Let Him soothe your spirit, cleanse your heart, and transform your thoughts with His love.



GREEN TIPS!

USES FOR LEMONS (taken from www.greenlivingtips.com):

Ant deterrent

Pouring lemon juice around areas that ants frequent is said to repel them.

Air freshener

An equal amount of lemon juice and water added to an atomizer will create a wonderful synthetic chemical-free green air freshener for your home.

Microwave

Heat a bowl of water and lemon slices in your microwave for 30 seconds to a minute; then wipe out the oven. Stains will be easier to remove and old food odors neutralized.

Fridge

Half a lemon stored in your fridge will help control and eliminate unpleasant smells.

Chrome/Copper/Brass

Rub a lemon juice and baking soda paste onto chrome or copper, rinse and then wipe/buff with a soft cloth or paper towel.

Toilet

Mix 1/2 cup borax and a cup of lemon juice for a powerful toilet cleaner that will leave it smelling extra clean!

Lime scale

Use a half lemon to clean the lime scale off a sink or taps/faucets; rinse well.

Drains

Hot lemon juice and baking soda is a good drain cleaner that is safe to use in septic systems.

If you have a garbage disposal unit, throw in some lemon peel from time to time while it's working in order to keep it smelling fresh.

Chopping boards

Rub lemon juice into your wooden chopping board, leave overnight and then rinse. Wood chopping boards appear to have anti-bacterial properties anyway, but the lemon will help kill off any remaining nasties and neutralize odors.

Glass and mirrors

4 tablespoons of lemon juice mixed with half a gallon of water makes an effective window cleaner

Degreaser

Straight lemon juice can be used as a general degreaser

Furniture

2 parts olive oil or cooking oil mixed with 1 part lemon juice makes for an excellent furniture polish!



FALL CLEAN OUT!

It's about time to clean out those closets, pack away the summer things and bring out the fall and winter. As you are doing this, you may find items that need to be donated and we wanted to provide you a list of places that would gladly accept your donations.

ROC, 982-5531, 1st Baptist Church, Maryville

Furniture, appliances, dishes, silverware, very gently used sheets, bedding, towels

Joshua Resource Center, 380-5370, 1830 Clydesdale Street, Maryville, TN 37801

Good used clothing for women to wear to work. They would gladly accept financial donations.

Goodwill Industries, 984-5296-147 N. Calderwood Street, Alcoa, TN 37701

Accept all donations except electronics, used baby equipment or carseats.

Blount County Library, 982-0981, 508 N. Cusick Street, Maryville, TN 37804

Books, CD's and DVD's. Drop box in rear of library.

Habitat for Humanity Homestore, 379-9299, 212 College Street, Maryville, TN 37804

Everything for the home except used paint.

Chilhowee Baptist Center, 981-2992, 1905 E. Broadway Avenue, Maryville, TN 37804

Working appliances, usable furniture, linens for bed, bath and kitchen (towels that are too worn to donate may be bagged and labeled rags and dropped off as they can be used in asphalt production), and clothing. (No computers, TV's or electronics)

Answer to Test Your Knowledge—

Lois, II Timothy 1:5

Business Women's Luncheon—2009

Women of the Bible

With Karen Alexander-Doyle

October 14—The Woman at the Well—From Bondage

November 4—Mary Magdalene, A Grateful Disciple

December 9—Mary, The mother of Jesus, A

Tender Care Taker

To register, use form below

*Deadline to register is the Wed
before the luncheon*



1ST FRIDAY OF EACH MONTH

9:00 AM—11:30 AM

CRAFT ROOM

?? CONTACT KIM WILLIAMSON, 681-6301

Mail or deliver, check or money order, \$7 (*includes cost of catered lunch from Subs & Such*), payable to:

First Baptist Church, Maryville

Attn: Women's Ministry

202 W. Lamar Alexander Parkway Maryville, TN 37801

Name _____

Employer _____

Email _____

Phone _____

Month(s) registering for _____

Is this a new email address for our registry? Yes No

Are you registering for attendance only, and not eating?

(If so, no cost.) Yes No

Registrations are not confirmed until payment is received



Chef's Corner!

Mediterranean Potato Salad

Patti McCloud

2 lbs new red potatoes, cut into quarters

3/4 c caesar salad dressing

1/2 c. grated parmesan cheese

1/4 c. chopped fresh parsley

1/4 c. roasted red peppers

Cook potatoes in boiling water 10-12 minutes til fork tender. Drain. Pour dressing over potatoes in large bowl. Add cheese, parsley and peppers. Toss lightly. Serve warm or room temperature. 8-10 servings.

Hints: If you can find the tiny red potatoes they are easy to cut into quarters. Otherwise, cut potatoes into chunk size of your choice. Put the potatoes back into the pan used (after draining) and let them sit a couple of minutes and then pour the dressing over. Ken's Lite Caesar is recommended. Gently toss and let them soak up the dressing. 5 minutes later toss again. Let soak again for 5 minutes and toss again then add the rest of the ingredients.

GREAT RECIPE FOR TAILGATING!



Health & Beauty

If you need more energy, try drinking your vegetables. Adding a V8 or using a powdered greens supplement like Smoothie Infusion from Vega will increase your energy and sense of well-being. Plus, you may experience a modest weight loss.

Tumeric, the spice that gives curry its color, is being sold now as a supplement. Data suggests tumeric's active compounds may offer cancer protection, boost the immune system, and reverse wrinkles. (I didn't say treat wrinkles, I said *reverse!*) Loaded with antioxidants, it's a supplement that is good for you inside and out, so **ask your doctor** about adding it into your regimen.

From Ginger Garrett. For more tips go to gingergarrett.com