



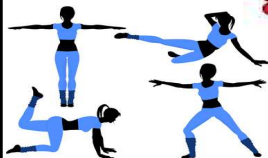
**January 16-22, 2012**

**Snow/Ice Policy  
for Closing**

If Maryville City Schools are closed, the church office and Family Life Center will be closed.



**Aerobics  
and Fitness**



**Tuesdays &  
Thursdays  
6:00 pm**

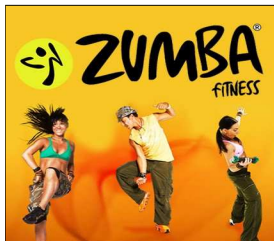
In the Aerobics Room  
Fee: \$4 per class or \$35 for 10 classes

**Zumba® Fitness Classes**

**Wednesdays & Fridays**  
9:00-10:00 am

**Mondays**  
6:00-7:00 pm

**Tuesdays & Thursdays**  
5:00-6:00 pm



**FAMILY LIFE CENTER  
WEEKLY SCHEDULE**

**FAMILY LIFE CENTER HOURS  
OF OPERATION**

**Mon., Tues., Thurs.—6 am-9 pm;  
Wed.—6 am-3 pm; Fri.—6 am-6 pm  
Sat.—Closed; Sun.—Closed**

**Church Office—982-5531 FLC—982-4898  
January 16-22, 2012**

**MONDAY-16**

6:00-7:00 pm Zumba Fitness  
6:00-6:30 pm Equipment Orientation  
5:00-8:00 Upward Practice Gym Floor Closed

**TUESDAY-17**

5:00-6:00 pm Zumba Fitness  
6:00-7:00 pm Aerobics and Fitness  
7:00-8:00 pm Turbo Body  
5:00-8:00 Upward Practice Gym Floor Closed

**WEDNESDAY-18**

7:30-9 am Café Espresso Coffee Bar  
8:30-9:00 am Toning/Strengthening Class  
9:00-10:00 am Zumba Fitness  
3:00 PM **FLC CLOSED**

**THURSDAY-19**

5:00-6:00 pm Zumba Fitness  
6:00-7:00 pm Aerobics and Fitness  
7:00-8:00 pm Turbo Body  
5:00-8:00 Upward Practice Gym Floor Closed

**FRIDAY-20**

8:30-9:00 am Toning/Strengthening Class  
9:00-10:00 am Zumba Fitness  
3:00 pm FLC Closed  
6:00-9:00 pm Upward Basketball Games

**SATURDAY-21**

**FLC CLOSED**  
9 am-1 pm Upward Basketball Games

**SUNDAY-22**

**FLC CLOSED**

**TurboBody**

**Tuesdays & Thursdays  
7:00 pm  
In the Aerobics Room**



First Baptist Church  
202 W. Lamar Alexander Pky., Maryville, TN 37801  
Office 982-5531 [www.fbcmaryville.org](http://www.fbcmaryville.org)